



## "Prima Primum" - First Things First

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10 February 2023

### PRAYER

At the beginning of the new school year as Year 7 students are introduced to the routines, the structures, the people and the places that will make up their daily life at St Paul's, we begin by exploring with them who we are as a community. One of the ways in which we do this is through our college prayer.

Father, as we turn to You at the beginning of each day,  
we see You in all that surrounds us.  
Give us the grace to recognise the countless gifts  
You have given us, to appreciate the important things in  
life  
and to love everyone and everything that You have  
made.  
Teach us, Lord, to set high goals,  
establish proper standards, value what is right,  
prize what is worthwhile, seek what is noble and virtuous  
and to strive for excellence in every aspect of our lives.  
Give us the strength, to shun what is petty and  
superficial,  
reject what is worthless and to despise what is selfish.  
With Your grace, Lord, we will live full and happy lives  
with proper priorities,  
encouraged by our motto: **Prima Primum: First things  
first**  
St Paul pray for us.  
Blessed Edmund Rice, pray for us.  
Live Jesus in our Hearts, forever.

### COLLEGE PRINCIPAL

On behalf of the College Staff and our Student Leaders it is my pleasure to welcome you all to the 2023 academic year. Whether you are a new family to the College or one that is continuing with us for another year we thank you for the great honour of choosing St Paul's as your partner in educating the young men in our care.

As you are aware, we begin this year with the announcement from Bishop Anthony at the end of 2022 that St Paul's will be transitioning to a co-educational model commencing with our Year 7 enrolment in 2025. This is an exciting prospect and one that will involve a great deal of planning and preparation. Catholic Schools Broken Bay has already established project teams to focus on ensuring that our facilities meet the new and expanding needs of our students and, most importantly, that we support the holistic education of our students from Kindergarten to Year 12 within the Manly precinct and our surrounding community of schools - offering opportunities for continued growth and an enrolment pathway for every family. Already our Parent Advisory group has met to begin giving input to this process with further opportunities planned for our students, staff and families to do the same.

### Welcome

We are fortunate to welcome a number of specialist staff to the College this year:

Mr John Hunt, **Director of Wellbeing for Learning**. John comes to us from Christian Brothers Lewisham, where he was an experienced leader of wellbeing and science teacher, specialising in Biology. John has made a wonderful start working with the Leaders of Wellbeing team and takes up the role of Leader of Wellbeing for Year 9.

Ms Adeline Wang, **HSIE Teacher**. Adeline is a teacher of Commerce, History and Geography with a strong interest in Economics. She has most recently taught at St Pius X College at Chatswood where she also embraced the co-curricular life of the College. Adeline will also be a Year 9 PC teacher.

Mr Graeme Stewart, **Technologies Teacher**. Graeme commenced his career at St Paul's as a graduate teacher and returns to us after working with the Department of Education, most recently at Mosman High School. He specialises in Industrial Technology, Timber and is a successful VET Construction teacher.

Ms April Pulanco, **Music and Technologies Teacher**. April comes to St Paul's with a wide range of teaching experience including Knox Grammar, Loreto Normanhurst and St Maroun's

College. April brings a love of music and experience as a band and music program leader as well as experience as a teacher of Stage 4 Mandatory Technologies and Food Technology. April will also be a Year 7 PC Teacher this year.

Ms Katy Gilles, **Japanese Teacher**. Katy is a very experienced teacher of a number of languages who specialises in Japanese. Katy joins us on a part-time basis, supplementing our LOTE department as our Year 7 and 8 enrolment continues to grow. She has experience developing face to face and online programs that are used in many schools, and a background in both boys and co-ed settings.

Mr Mark Brown, **Science Teacher**. Mark is an experienced Science teacher with a strong background in senior courses. After some years working as a trainer in the IT industry Mark returns to the secondary classroom with a great breadth of knowledge and industry experience.

Mr Chris Govers, **English, HSIE and Religion Teacher**. Chris is a remarkably experienced teacher and leader in Catholic schools who has worked with our students on a temporary basis over the past twelve months. He has developed a wonderful classroom with our students over this time and we are pleased to welcome him into a full-time role this year.

Mr Ollie Signorini, **Mathematics Teacher**. Ollie is a beginning teacher who comes to St Paul's very highly recommended by his teacher mentors and students. With the background to teach the highest levels of Mathematics, Ollie joins us in a part-time role this year.

Ms Tina Friede, **Music Teacher and Learning Support**. A very talented musician and music teacher, Tina joins us in a temporary role this Term. Tina is well known to our students having worked at St Paul's in a relieving role last year across a number of learning areas.

Ms Sienna Quirk, **Learning Support**. Sienna comes to St Paul's as part of Catholic Schools Broken Bay's future workforce initiative. Whilst studying to upgrade her qualifications Sienna brings a great deal of experience having worked at St Lucy's School in Wahroonga for students with specific learning needs.

You are all very welcome and we hope that you will have a long, happy and fulfilling association with St Paul's.

Finally, I share with you the news of two staff leaving St Paul's that we were unable to farewell last Term. Mrs Kate Stephens accepted a position at another school on the Northern Beaches over the Christmas break and commenced there at the start of this year. Mr Julian Maskell will also be leaving us in the coming week, having secured a position at Pittwater House School. Julian has been a valued member of the Diverse Learning team as a Learning Support Assistant over the past two years, having completed his training placement at the College before joining the staff. We wish them both well in their new roles.

Finally, the College will celebrate the commencement of the new year at our Opening Mass at St Mary's Catholic Church, Manly next Wednesday 15th February at 9:15am. We will acknowledge our HSC High Achievers at this Mass and welcome our new students in Year 7 and across the College.

Parents are most welcome to join us as we ask God's blessing on the year ahead.

*Prima Primum*

God bless.

**Mr Michael Reid**  
**College Principal**

## COLLEGE CALENDAR 2023

For 2023 school dates please refer to the calendar in Compass.



Please view our college Facebook page:

<https://www.facebook.com/stpaulsccmanly>

An open day poster for St Paul's Catholic College Manly. It features three boys in school uniforms at the top. The main text reads "OPEN DAY" in large white letters. Below this, it says "St Paul's Catholic College Manly" and "Thursday 2 March 2023 4pm - 7pm". A QR code is present with the text "Scan Now To Register". The poster also includes a list of activities: "Connect with our Student Ambassadors and Teaching Staff", "Meet our College Principal and Student Leaders", "Actively engage with all Key Learning Area displays", and "Discover how St Paul's will meet your child's learning needs". At the bottom, it says "PRIMA PRIMUM: First things First" and "Principal's Address 5:30pm".



*Inspiring hearts and minds to know Christ,  
to love learning, to use their talents  
to be the very best they can be.*

## ASSISTANT PRINCIPAL

Welcome to another year of learning, I trust that everyone had a great break and have eagerly started the year. We started the year with our Year 7 Camp and from all reports from the cohort it was a great experience. On Friday when they returned, though tired, they were still able to break into a smile when I asked what their favourite activity was. This week our Year 9 cohort is off to camp, and we certainly hope they have as much fun as Year 7. Many thanks to Mr Westhoff and the Year 7 PC team and Mr Hunt and the Year 9 PC team for accompanying the students.

This week we held our Year 7 Parent Evening where our new Year 7 parents met their PC teachers and each other. It was

lovely to see so many parents in attendance and to meet those joining our community. Many thanks to a few of our Year 9 parents who came along and assisted on the night. It was also the first time our Year 11 Hospitality class were able to don their uniforms and serve at a function. They looked great and did a wonderful job.

This Term is always a busy one, so I ask that you check the Compass Newsfeed on a regular basis. Compass has both a Newsfeed and emails that are used for communication, be mindful that these items have not ended up in your junk/spam email folder. If you have forgotten your password to Compass, please contact College reception for the password to be reset. At Monday mornings assembly we reminded the students to be checking Compass daily for room changes, notices about sport, recess and lunch messages and of course their daily timetable.

Thursday 2nd March will be our Open Evening and we ask that all students be involved in some way. The evening has many ways to be involved and further details will soon be appearing in Compass on how they are going to be involved.

Several students have taken to riding their bikes to school each day. I commend them for tackling the Darley Road hill and building up their fitness. However, I ask that you support their safety by ensuring that they are always wearing their helmet.

**Ms Karen Shawcross**  
**Assistant Principal**

## DIRECTOR OF RELIGIOUS EDUCATION

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For many of our students, this Term marks the introduction of brand-new units. Year 8 are starting a scripture-based unit called "inspired by Jesus" which looks at the power of using stories to teach inspirational messages. The boys have already re-imagined some famous fables in a modern context.

Year 9 are also doing the scripture unit for the year. Theirs is called Exploring Ancient words and looking at the imagery of the shepherd as used in Isaiah, Psalms and the Gospels. Year 10 are concentrating on just the one Book, Luke's Gospel, and the significance of this Gospel as a depiction of Jesus in a contemporary world. This is very timely with Project Compassion just around the corner.

Year 7 are doing a unit on Belonging which is ideal having just been on camp together! They can also look forward to Wednesday 1st March when they will go to Waitara to take part in an "Amazing race" with other Broken Bay students in connection to the learning they will do in RE this Year.

## Shrove Tuesday

We will be selling Pancakes and drinks on Tuesday 21st February as is our tradition. VIP tickets will be on sale before for anyone who wants to head to the front of the queue PLUS get a ticket in the Easter Egg Hamper raffle. Year 12 are providing the eggs and other chocolate.

## Ash Wednesday, Project Compassion

Ash Wednesday is the 22nd of February. As we always do, we will start our Project Compassion fundraising on the Tuesday with the Pancake Day.

**Mr Steven Callow**  
**Director of Religious Education**

## TEACHING AND LEARNING

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As we begin the new year it is appropriate for each of us to consider our goals for 2023, and what is required to achieve these goals. My goal is to see each student experience learning growth appropriate for one year's learning.

For this to occur it is our responsibility to provide the right learning environment for each student, for each teacher to provide a positive learning experience, and for each student to actively engage in his learning, applying himself not only in class, but more broadly with commitment to assessment and consolidation of learning. This requires each student to be ready for learning by having the equipment necessary for each class – appropriate stationery, exercise/textbooks, charge computers, sports uniform; whatever is necessary to maximise engagement in a particular lesson.

I often harp on about the importance of consolidation of learning. The concept of working memory, particularly the distinction between short and long-term memory is particularly relevant to this. In its simplest explanation initial learning is held in our short-term memory. Active rehearsal of this content, through revision and consolidation, activates the long-term memory, allowing for relevant recall as required. In an educational setting this is particularly true when building on prior knowledge and examinations.

Mr Hunt, Director of Wellbeing for Learning, and I will be presenting to Year 7 and 8 students an outline on the skills and practices required to successfully consolidate their learning. A Year 7 and Year 8 parent presentation on study skills and general information will be held on Monday 6th March. The teaching staff will continue to work with all year

groups supporting them in developing the tools for academic and social success.

We can support each student at the College on his learning journey if we work together as a team striving to ensure each student does his best and is his best.

**Mrs Trish McGregor**  
**Director of Teaching and Learning**

## COLLEGE COUNSELLOR

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The beginning of the year sees renewed energy to live the day to your fullest and optimise our health and wellbeing.

Here are some tips from Justin Coulson:

<https://justincoulson.com/5-steps-support-student-trengths/>

<https://justincoulson.com/3-simple-strategies-to-supercharg-e-your-attitude/>

<https://www.raisingteenagers.com.au/developing-relationship-intelligence-in-teens/>

Sydney Drug Education & Counselling Centre (SDECC) will be delivering another "Parents Prepared", an online drug education workshop for parents of high school-aged children on:

**Thursday 23rd March 2023 from 4.30 to 6.00 pm.**

This workshop will provide parents with information about drugs, their effects and tips for talking to young people about drug use.

Parents can register at

<https://www.trybooking.com/CFRUV>

**Mrs Mary Thomas: Monday, Tuesday, Wednesday**

**Mrs Danika Mouldsdale: Thursday, Friday**

**College Counsellors**

## VET (VOCATIONAL EDUCATION AND TRAINING) AND POST SCHOOL OPTIONS

### Careers

Year 11 student Nelson Brownbill has commenced a School Based Apprenticeship (SBAT) with Tom from TSA Carpentry and Building Pty Ltd.

Nelson will combine his schooling with working and attending TAFE. Congratulations Nelson!



### Careers Bulletin

For Careers information, see the link below.

<https://st-pauls-catholic-manly.jobjump.com.au/>

If you would like any further information, please do not hesitate to contact me at [timothy.emmerson@dbb.catholic.edu.au](mailto:timothy.emmerson@dbb.catholic.edu.au)

**Mr Tim Emmerson**

**Leader of Learning VET and Post School Options**

## YEAR 7 WELLBEING

Welcome Year 7 2023.

We have a big year ahead and have really hit the ground running...

On Monday we welcomed Year 7 back to school after an exciting bush camp adventure! We hope that everyone had a fantastic time, made new friends and gained valuable experiences. The photos show that this was the case.



Year 7 are getting used to academic routines and quickly realising that they are now officially part of our school community, and we are excited to have them with us. This year will be filled with new challenges, opportunities and a wealth of experiences. Our aim is to provide Year 7 with a supportive and positive learning environment, where they can grow academically, socially and emotionally.

Already we have placed at the forefront of their minds the importance of being on time, dressed appropriately in your uniform and ready to learn every day. Our school has high expectations for behaviour, and we expect all students to be respectful, polite and well-mannered at all times. And most importantly...to listen because no learning can take place without listening.

In conclusion, we are thrilled to have you all as part of our community and look forward to working together to make this a successful and enjoyable year.

Below is the list of important dates for Term 1.

Important Dates- Year 7 Parents / Carers	
Date	Event
Fri 10th Feb	☑ PAT testing
Wed 15th Feb	☑ College Welcoming Mass - <i>all families invited</i>
Wed 22nd Feb	☑ Ash Wednesday
Wed 1st March	☑ CSBB Year 7 Belong event at Waitara
Thu 2nd March	☑ Open Day
Mon 6th March	☑ Study skills parent / carer evening & Compass information ☑ Year 7 Vaccinations
Tue 7th March	☑ Swimming Carnival
Fri 24th March	☑ Mother's Feast of the Annunciation Liturgy and morning tea
Thur 6th April	☑ Holy Thursday   Term 1 ends ☑ Year 7 Interim reports available in Compass
NAPLAN	☑ 15th, 17th, 20th & 21st March

**Mr Nick Westhoff**

**Year 7 Leader of Student Wellbeing**

## YEAR 8 WELLBEING

We hope that everyone had a restful and enjoyable summer and is ready for an exciting and productive year ahead.

For most of our Year 8s, there is a great sense of relief in no longer being the new students, or the youngest in the school. However, great responsibility comes with being an older St Paul's student, setting high standards for oneself and others. As a cohort this Term, we are focussed on taking pride in ourselves by raising our standards of behaviour and the way we

present ourselves. I hope that a new school year will prompt our students to take on new opportunities and challenges.

This Term, we have a range of exciting activities and events planned, including sport, music and community service opportunities. Some of these have been listed in the Term outline below:

Week	Other Events
2	
3	Welcome Mass & High Achievers 2022 Acknowledgement (Wed 15 Feb)
4	HSC All My Own Work (Mon 20 Feb) Shrove Tuesday (Tue 21 Feb) CSBBS U/15 Touch (Tue 21 Feb) Ash Wednesday (Wed 22 Feb)
5	College Open Expo (Thu 2 Mar)
6	College Swimming Carnival (Tue 7 Mar) International Women's Day (Wed 8 Mar)
7	CSBB Swimming Carnival (Tues 14 March) Harmony Day (Tue 21 Mar)
8	Feast of the Annunciation & Mother's Liturgy/Morning Tea (Fri 24 Mar)
9	
10	Easter Liturgy (Thu 6 Apr) Good Friday (Fri 7 Apr)

Finally, we would like to extend a warm welcome to all new students and families, and we look forward to working together to make this a successful and enjoyable year.

**Ms Maddie Hogarth**  
**Year 8 Leader of Student Wellbeing**

## YEAR 9 WELLBEING

I would firstly like to introduce myself as John Hunt, the Leader of Student Wellbeing for Year 9 and the Director of Wellbeing for the College. It has been wonderful to meet each of your sons over the past few days. Our Year 9 students have made an excellent start to 2023 and are a credit to you as parents and carers.

The students have responded well to having new pastoral care teachers, Adeline Wang, Stephen Murray and Chris Govers. All three Pastoral Care teachers demonstrate deep care for the students and are invested in ensuring your sons develop well throughout the year both in their academic studies and their wellbeing.

This week we go on camp together. The students can look forward to participating in a wide variety of activities to hopefully form new friendships and develop existing ones.

If you have any questions or queries, please do not hesitate to contact your sons Pastoral Care teacher or myself in school.

I look forward to working closely with you over the coming year.

**Mr John Hunt**  
**Year 9 Leader of Student Wellbeing**

## YEAR 10 WELLBEING

Welcome back to the 2023 school year. Mr Henry Chapman will be leading Year 10 in 2023. We are looking forward to a productive year of growth and learning.

The following dates are relevant to the Stage 5 cohort for Term 1:

WEEK 1	1st Week back
WEEK 2	Yr7 Meet n Greet (Mon 6 Feb) Year 9 Camp (Wed 8 Feb - Fri 10 Feb)
WEEK 3	CSBB Secondary Touch (Tue 14 Feb) Welcome Mass & High Achievers 2022 Acknowledgement (Wed 15 Feb)
WEEK 4	Shrove Tuesday (Tue 21 Feb) Ash Wednesday (Wed 22 Feb) Year 3 Visit - Day 1 (Fri 24 Feb)
WEEK 5	Year 3 Visit - Day 2 (Mon 27 Feb) College Open Expo (Thu 2 Mar)
WEEK 6	Swimming Carnival (Tue 7 Mar) International Women's Day (Wed 8 Mar)
WEEK 7	CSBB Open Rugby League Selection Trials (Mon 14 Mar) Year 10 Reflection Day (Mon 13 Mar)
WEEK 8	Harmony Day (Tue 21 Mar) Feast of the Annunciation & Mother's Liturgy/Morning Tea (Fri 24 Mar)
WEEK 9	
WEEK 10	Easter Liturgy (Thu 6 Apr) Good Friday (Fri 7 Apr)

**Mr Henry Chapman**  
**Year 10 Leader of Student Wellbeing**

## YEAR 11 WELLBEING

Welcome back to the 2023 school year. Mr Anthony Noyes will continue to lead Year 11 in 2023. We are looking forward to a productive year of growth and learning as the students begin their senior years of study at St Paul's. The following dates are relevant to the Year 11 cohort for Term 1:

WEEK 1	1st Week back
WEEK 2	
WEEK 3	CSBB Secondary Touch (Tue 14 Feb) Welcome Mass & High Achievers 2022 Acknowledgement (Wed 15 Feb)
WEEK 4	HSC All My Own Work (Mon 20 Feb) Shrove Tuesday (Tue 21 Feb) Ash Wednesday (Wed 22 Feb)
WEEK 5	College Open Expo (Thu 2 Mar) GP in School (Mon 6 March)
WEEK 6	College Swimming Carnival (Tue 7 Mar) International Women's Day (Wed 8 Mar)
WEEK 7	CSBB Open Rugby League Selection Trials (Mon 13 Mar) CSBB Swimming Carnival (Tues 14 March)
WEEK 8	Harmony Day (Tue 21 Mar) Feast of the Annunciation & Mother's Liturgy/Morning Tea (Fri 24 Mar)
WEEK 9	
WEEK 10	Easter Liturgy (Thu 6 Apr) Good Friday (Fri 7 Apr)

**Mr Anthony Noyes**  
**Year 11 Leader of Student Wellbeing**

## YEAR 12 WELLBEING

To parents and friends of the Class of 2023! Welcome to the final year at St Paul's Catholic College. This year, as with every year, we are seeking the opportunity for our students to further grow and mature as young men as they take the final steps in secondary schooling to lay the foundation for a bright future.



Over the course of the year there will be much said about discipline, motivation and supporting others. But our seniors will be reminded about the values that have guided us as a Catholic community, including faith, compassion, and respect for all. These values will serve as the cornerstone for how we conduct ourselves, while we embrace

our 2023 theme: “Effort is Everything”. From the effort we put into our studies, to our presentation, to the pride in our College community, to helping and supporting our peers, to being mindful of those in need and doing whatever is in our power to help them - effort is something that will not fail Year 12 as they reach the culmination of their time at St Paul’s.

This year will bring new challenges, but also new opportunities for personal and academic growth. Our dedicated PC teachers, Ms Hearn/Mr Beothy (PC1), Mr Falconer (PC2) and Mx Bishop (PC3) and all our staff are here to support our boys every step of the way. We are encouraging our students to take advantage of the resources and programs available to them, including their SSPCM YEAR 12 (google.com) Google site, which is filled with resources for the year ahead - especially under the SSPCM YEAR 12 - Revision (google.com) . In addition to their studies, we are encouraging our students to be involved in the various events and extracurricular activities that will take place throughout the year. Some of these are outlined on the timeline below, but others will emerge throughout the course of the year. These opportunities will not only enhance their school experience but also help them to develop important skills, such as leadership and teamwork, that will be invaluable in their future endeavours.

<https://sites.google.com/dbb.catholic.edu.au/sspmyear122017/home>

SPCC staff and prefects will be doing all they can to encourage our students to make the most of the time they have remaining at St Paul’s. I hope they take advantage of the opportunities that present themselves, and I wish that parents and students alike will never hesitate to seek assistance or guidance if or when it’s needed. All the best for the coming year for the Class of 2023!

TERM 1	Week 5	Thursday, 2 March	College Open Expo
	Week 6	Monday, 6 March Tuesday, 7 March	Year 12 PTS Interviews Swimming Carnival
	Week 8	Friday, 24 March	Mother’s Liturgy (Feast of the Annunciation) & Morning Tea
	Week 10	Thursday, 6 April	Easter Liturgy
TERM 2	Week 3	Friday, 12 May	Mother’s Day Mass and Afternoon Tea
	Week 7	Thursday, 8 June	Northern Beaches’ Career Expo
	Week 9	Friday, 23 June	Athletics Carnival
Week 10	Thu, 29 June	Feast of St Paul Mass and Activities	
TERM 3	Week 3	Monday, 31 July	HSC Trial Exams commence
	Week 5	Monday, 14 August	HSC Trial Exams conclude
	Week 7	Friday, 1 September	Jersey Day / Father’s Day Breakfast
	Week 9	Wednesday, 13 September	Leadership Handover Assembly
	Week 10	Tuesday, 19 September Wednesday, 20 September Friday, 22 September	Year 12 Final Day of classes Year 12 Graduation Mass and Ceremony Year 12 Formal
TERM 4	Week 1	Wednesday, 11 October	HSC Exams commence
	Week 4	Friday, 3 November	HSC Exams conclude
	Week 10	Thursday, 14 December	HSC Results Released Year 12 HSC BBQ Breakfast

**Mr Benjamin Rowse**  
**Year 12 Leader of Student Wellbeing**

## TECHNOLOGIES

We have a fun and engaging Term ahead in the Technologies KLA.

Year 7 will be engaging with the design process as they develop a range of different products. As part of their mixed materials course, they will have an opportunity to work with acrylic, timber and pewter as well as develop CAD skills.

Year 8 will enter the Term developing a range of core kitchen skills. These skills will be beneficial as they get to make (and enjoy) a range of delicious meals in our kitchens over the Term.

Across the Technologies KLA, Years 9 and 10 will be engaging in a range of their selected subjects from iSTEM to Food Technology, Timber, Multimedia and IST. Some standout projects include the website development unit in IST, students will learn how to develop and build robust and thoughtful websites. Two projects taking place in the workshops consist of a folding table and jewellery box. These projects help develop core woodworking and design skills. This Term there is a focus on working safely and responsibly in and around the workshops.

I wish all the students a fun and engaging Term 1.

**Mr Callum Endacott**  
**Leader of Learning Technologies**

## SCIENCE

We are excited to welcome two new teachers to the Science KLA this Term, Mr Mark Brown and Mr John Hunt. Thanks in advance to both teachers for their hard work and dedication in helping our students to become the best scientists they can be. This year we will continue to put literacy at the front and centre of our pedagogy by teaching our students the writing skills they need to communicate clearly and accurately.

The learning focus for Year 7 this Term will be working scientifically in the laboratory. Students will develop the skills

they need to choose appropriate equipment to make accurate measurements. These skills will enable them to prepare, separate and analyse mixtures.

Year 8 will consider how scientific discoveries about the properties of elements, compounds and mixtures relate to their uses in everyday life. This understanding underlies the development of new materials.

The learning focus for Year 9 this Term explains how models, theories and laws about matter have been refined as new scientific evidence becomes available. This has led to the development of the Periodic table, a tool which organises information in a logical way and shows the relationships between elements and compounds.

Chemical reactions occur at different rates. Year 10 students will consider how some reactions occur slowly while others occur very quickly. Understanding the factors that drive chemical reactions is essential when monitoring and managing chemical processes.

**Mr David Longfellow**  
**Leader of Learning Science**

## MATHEMATICS

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The topics covered this Term will be: -

### Year 7

Computations with positive and negative whole numbers (integers), Indices and Angle relationships

### Year 8

Fractions, Decimals and Percentages; Financial Maths and Rates/Ratios

### Year 9

5.1

Fractions, Decimals and Percentages; Financial Maths; Equations and Algebraic Techniques

5.2

Area, Surface Area and Volume; Probability; Linear Relationships, Rates/Ratios

5.3

Financial Mathematics; Expressions and Inequalities; Simultaneous Equations

### Year 10

5.1

Data; Area, Surface Area and Volume;

5.2

Algebraic Expressions and Indices; Trigonometry; Non-linear Relationships.

5.3

Numbers of any magnitude, area and surface area, Volume; Probability; Surds, and Indices.

The students should have homework after each lesson, should they have completed all work they should review their class notes.

Have a good year.

**Mr Simon Baker**  
**Leader of Learning Mathematics**

## HSIE

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The boys have a very interesting Term ahead of them in HSIE.

Year 7 students start the Term exploring the work of historians in helping us make sense of the past. They will look at how historians act as detectives: searching for clues, analysing sources and developing theories to solve the mysteries of the past. Their focus study on the mysteries of Mungo Man should get many young minds thinking!

The students in Year 8 are diving into the Middle Ages for their main area of focus in History. They will be looking at what life was like for people from different groups in Medieval Europe and examine how society was structured. They should particularly enjoy looking at how the building of castles defined life in the period and maybe more importantly, what was involved in knocking them down during a siege.

In Year 9 students are turning their eyes to Australia and looking back at what life was like at the beginning of the 20th Century. They will pull apart the reasons why the individual colonies decided to combine as one country and look at some of the major challenges they faced because of their decision.

Year 10 students will focus on the tense era of the Cold War. They will explore the changing relations between two global superpowers and look specifically at events where the War thawed, and conflict became heated. The students should particularly enjoy looking at how the Cold War was fought through international sport.

In Geography, the Year 10 students will begin to unpack the issue of Environmental Change and explore its implications for our society. Of particular focus will be the impact of human development and the students will be challenged to consider their own contribution to global change and potential solutions that could be implemented.

Students studying Commerce are delving into the topic of 'Consumer and Financial Decisions', a topic that will hopefully help connect them to the wider, consumer driven world that exists outside the classroom. They will examine a range of issues that relate to financial management with a particular focus on protections enshrined for individuals. Hopefully this will help them acquire skills that will be greatly beneficial in the real world.

**Mr Stephen Murray**  
**Leader of Learning HSIE**

# ENGLISH

## Year 7

The English faculty have been impressed with the energy and enthusiasm that Year 7 have brought with them to the beginning of the year. This Term, they are studying autobiographies and will be reading widely from a range of non-fiction texts. Year 7 classes will also be attending the library once a fortnight as part of their English program, and all boys are expected to borrow and engage in regular wide reading.

## Year 8

Year 8 are beginning the year by studying how suspense is created in film. This unit contains engaging texts that provide a springboard for us to introduce the boys to an explicit writing scaffold, which is designed to facilitate the composition of increasingly sophisticated analytical sentences. Year 8 will also be regularly visiting the library and are expected to engage in wide reading to supplement their in-class study.

## Year 9

With NAPLAN occurring in Week 6 of Term 1, Year 9 are revising the art of persuasive writing and focussing on core literacy skills that provide the basis of successful writing. This will lead into a study of the language of advertising with a focus on how meaning is shaped in a range of visual and written texts.

## Year 10

Year 10 are studying a unit entitled 'Living the Dream', which involves a close study of John Steinbeck's novel 'Of Mice and Men' and Gabrielle Muccino's film 'The Pursuit of Happiness'. This unit is designed to build important analytical writing skills that are imperative for success in Stage 6 English.

**Mr Chris Falkland**  
**Leader of Learning English**

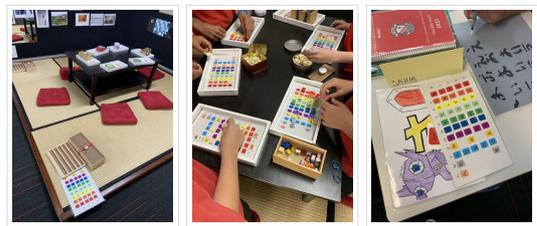
# JAPANESE

Students studying Japanese have settled into the class routines well. Already listening and speaking in Japanese from lesson 1. Students have learnt about the rules associated with bowing in Japanese and regularly bowing throughout their lessons.

## Year 8 Term 1 Overview

Students will learn to recognise all the letters of the hiragana alphabet as well as the differences and uses of the 4 scripts: katakana, hiragana, kanji & romaji. They experiment with basic greetings & learn to use kanji for numbers & months. Students develop their skills in how to learn a language by teaching themselves and others.

They will also learn about and celebrate some festivals in Japanese, including- Valentine's Day and White Day and compete in the Language perfect World Championships in March.



## Year 9 Term 1 Overview

Students learn to recognise all the letters of the katakana alphabet. They experiment with more sophisticated ways of introducing themselves to others and ways of linking text to make comparisons.

They will also revise festivals and further investigate Hinamatsuri (Girls Day festival) by making a hina doll display and eating chirashizushi.

Furthermore, students revise vocabulary for Japanese foods and learn how to order these in a restaurant for an excursion to Waka restaurant later in the Term.

## Year 10 Term 1 Overview

We started the year with a New Year cleanse by revising the festival Setsubun. We practiced the phrase Oni wa soto, fuku wa uchi- Evil spirits out and good fortune in. Thank you to our oni (demon)- Charlie who kindly accepted having dried soybeans thrown at him for this festival.



This Term in Year 10 students are learning about the topic of pets in a more sophisticated way. It begins with Hachiko, the most famous Japanese pet, and moves on to the influence of animals on our lives. Students learn about native Japanese animals such as tanuki and inoshishi. We look at pet ownership rates in Japan and Australia, consider religious and cultural influences on attitudes towards certain animals, and finish with a look at Ainu culture.

## Host a Japanese student in July



Waseda students are back to St Paul's after a few years of absence, and we couldn't be happier to welcome them back!

In the past St Paul's has hosted students from our "sister school" Waseda, in Tokyo. This year we are currently looking for homestay families to host a student from July 23rd to August 3rd. Boys from Waseda are aged between 13-15 years old and come to school every day with your son. The students are learning English and are eager to experience an Australian lifestyle.



## What do you have to do?

Just provide a bed to sleep in and meals. The weekend is up to you! If your son plays sport, take them along to the game. Allow them to experience your normal Australian lifestyle!

You will also be compensated for their stay.

For more information or to register your interest please contact Mrs Kibby by email [Amanda.kibby@dbb.catholic.edu.au](mailto:Amanda.kibby@dbb.catholic.edu.au) or call the College office on 9977 5111.

**Mrs Amanda Kibby**  
**Leader of Learning Languages**

## PDHPE

2023 promises to be another fulfilling year for students of PDHPE at St Paul's Catholic College Manly. Each year has a carefully assembled pattern of learning planned to provide valuable lifelong learning, develop wide-ranging skillsets, and promote healthy habits - as well as test and challenge students into new thinking and ways of doing things. A cursory overview of the year ahead is as follows:

Year 7 begins with a focus on navigating change, appropriate to the time of year, before progressing into the values that underpin getting along with others in Term Two, developing health savviness in Term 3 and concluding the year with the always fun and engaging 'get active, stay active'.

Year 8 commences the year with a unit designed to help them with difficult decisions and skills in emergency situations, before moving onto learning about equality, rights and responsibilities in Term 2, an introduction to the impact of alcohol and drug use on communities in Term 3, before wrapping 2023 with the challenging "Move it" unit - a physical unit challenging their presumptions about their own fitness.

In Term one Year 9 will be focusing on responding to questions around how to enhance athletic/skill-based performance, then looking at sensitive issues around identity and building relationships in Term 2. In Term 3 they engage in the fun and collaborative work around movement composition and game strategies, before rounding out the year with a look into inclusion and a holistic view of health in 'Commit to be fit', their Term 4 unit.

Year 10 hit the ground running with the innovative unit 'Leadership', whose unit name is most appropriate, but also encourages students to think outside the box for game design and creation. Term 2 is a crucial unit of learning for students of this age, 'Stepping Out' is a unit that empowers the students with knowledge, skills and strategies around tricky issues like drinking, partying, consent and general safety. Term 3 focuses on more worldly concepts around social justice and health promotion, particularly in marginalised communities. Finally,

Term 4, their final compulsory term of PDHPE is all about future skills and preparing them for life beyond school.

PASS students will be studying the Strand A content, which is an awesome balance of theoretical but useful knowledge about how the body moves, event planning and sport management, and the reality of physical activity in Australia, whilst at the same time enjoying the more practical units involving practice and performance in Volleyball, World games and sporting appraisal.

Our senior students will be challenged to learn about, understand, practice, live out (where possible) and then revise revise revise REWISE the content underpinning the Stage 6 PDHPE syllabus. Our PDHPE team have been deeply analysing and planning strategies to focus on continuing to develop strengths in our HSC performance, whilst seeking to address a few blind spots, to maximise student achievement in the competitive HSC course.

The dedicated PDHPE team consists of Mr Anthony Noyes, Miss Hannah Thornton, and Mr Benjamin Rowse - each brings their own unique experience, skillsets, talents and energies to their classes in 2023, and will be seeking to make learning as engaging as possible, whilst also seeking to address literacy targets and maximising learning growth for our wide-range of diverse learners in our classes.

**Mr Benjamin Rowse**  
**Leader of Learning for PDHPE**

## CREATIVE AND PERFORMING ARTS (CAPA)

To all of our St Paul's families, both new to the College and those once again joining us this year, I would like to say a big welcome to the Creative and Performing Arts department of St Paul's.

This year we welcome two new teachers to the Creative Arts department, Miss April Pulanco and Miss Tina Friede, both of whom are experienced teachers and accomplished musicians. They bring a wealth of knowledge and expertise to their roles, respectively.

This year, St Paul's will once again offer tuition on the following instruments: guitar, bass guitar, drums, piano, saxophone, trumpet and voice.

Additional instruments may be offered throughout the year, pending student interest. Lessons will begin in Week 2, with Stage and Contemporary band rehearsals commencing in Week 3.

Band rehearsals take place on Monday and Wednesday mornings, between 7:45am and 8:45am.

In the classroom our Years 7-10 Music classes will be focusing on the following areas of study:

- Year 7 will be focusing on the topic 'What Is Music'. It provides them with an opportunity to look at a variety of styles and artists and participate in performance, composition and listening tasks with a composition assessment at the end of term.

- Year 8 will be studying Aussie Rock. They will be performing well known pieces in both small groups and individually.
- Stage 5 students will be focussing on Music of a Culture in term one. They will be introduced to the music of a variety of different cultures, from African music, to Cuban, Japanese, Polynesian and more. They will learn the basics of composing and apply those skills to compose their own piece of music that represents a culture of their choice.

A MUSIC APPLICATION FORM (attached) should be completed and emailed through to the school for those who would like to enrol their child into tuition.

## Visual Arts

This Term Year 7 are exploring the genre of the still life “Vanitas” in the unit of work “sweet poison”. The Vanitas is a symbolic exploration of distractions of life, such as junk food and too much screen time. Students will arrange objects to photograph and draw using a range of art materials.

Year 8 have begun their unit “Life In The Undergrowth”. Students will start with the creation of a logo for their space exploration mission to a new planet. The project will include drawing and painting of a unique insect design. Students will construct sculptures of their monsters and design landscapes of the unique biomes they inhabit.

Stage 5 will explore their critical and historical study through the work of Chuck Close.

With the Open Day fast approaching on 2nd March, our wonderful students are working hard to have their work showcased, from both visual arts and music. Visual artworks will be on display and our musicians will be performing their repertoire under the marquee. We hope you can join us.

**Mr Jordan Waller**  
**Leader of Learning Creative and Performing Arts**

## SPORT

### Introducing the St Paul’s Basketball Programme Academies

The St Paul's Basketball Development Academy aims to provide opportunities to participate in basketball, receive individual skill development and provide pathway programs for St Paul's students at all levels of the game.

We are passionate about developing basketball at St Paul's, growing the community and supporting each individual to be better than they were the day before, on and off the court.

It will be run primarily by our Academy Head Coach, Scott Duchatel, who coaches at all levels of the game- beginners through to representative players and NBL1 (first division below the NBL).

There will be a:

- Junior Academy (Years 7, 8 and 9) each Tuesday afternoon, from 3:30pm - 5:00pm in The Waterford Hall here at the school.

- Senior Academy (Years 10, 11 and 12) each Wednesday afternoon, from 3:30pm 5:00pm in The Waterford Hall here at the school.
- Term 1 cost: \$30.00 (for the entire Term)
- To register, see Compass or email Mr Adam Malcolm adam.malcolm@dbb.catholic.edu.au

## Basketball

Basketball training started this week, for the competitions start next week.

There was a play-off between our top two Opens team to see who would take our A’s position - congratulations to the “Dunkers” who got out to an early lead and were able to hold off the slow pegging back from the “Simmons” team, and claimed SPCC A team privileges.

## Thursday Sport

	1	2	3	4	5	6	7	8	9	10	
<b>Y7C</b>	Year 7 Camp	Cross Country	Surf Survival at Manly Beach	FUTSAL AT SCHOOL	BEACH VOLLEYBALL	CROSSFIT					
<b>Y7D</b>	Year 7 Camp	Cross Country	Surf Survival at Manly Beach	CROSSFIT	FUTSAL AT SCHOOL	BEACH VOLLEYBALL					
<b>Y8A</b>	Year 8 Camp	Cross Country	Surf Survival at Manly Beach	BEACH VOLLEYBALL	CROSSFIT	FUTSAL AT SCHOOL					
<b>Y8B</b>	Year 8 Camp	Cross Country	Surf Survival at Manly Beach	BEACH VOLLEYBALL	CROSSFIT	FUTSAL AT SCHOOL					
<b>Y9A</b>	KAYAKING	Cross Country	CROSSFIT	KAYAKING	AA JITSU	CROSSFIT	JIU JITSU	KAYAKING	ROCK CLIMBING	AA JITSU	
<b>Y9B</b>	CROSSFIT	Cross Country	AA JITSU	CROSSFIT	KAYAKING	AA JITSU	KAYAKING	ROCK CLIMBING	AA JITSU	KAYAKING	
<b>Y10A</b>	AA JITSU	Cross Country	KAYAKING	AA JITSU	CROSSFIT	KAYAKING	CROSSFIT	AA JITSU	KAYAKING	ROCK CLIMBING	
<b>Y10B</b>	AA JITSU	Cross Country	KAYAKING	AA JITSU	CROSSFIT	KAYAKING	CROSSFIT	AA JITSU	KAYAKING	ROCK CLIMBING	
<b>Y10C</b>	Y10C Camp										
<b>Y10D</b>	Y10D Camp										
<b>Y10E</b>	Y10E Camp										
<b>Y10F</b>	Y10F Camp										
<b>Y10G</b>	Y10G Camp										
<b>Y10H</b>	Y10H Camp										
<b>Y10I</b>	Y10I Camp										
<b>Y10J</b>	Y10J Camp										
<b>Y10K</b>	Y10K Camp										
<b>Y10L</b>	Y10L Camp										
<b>Y10M</b>	Y10M Camp										
<b>Y10N</b>	Y10N Camp										
<b>Y10O</b>	Y10O Camp										
<b>Y10P</b>	Y10P Camp										
<b>Y10Q</b>	Y10Q Camp										
<b>Y10R</b>	Y10R Camp										
<b>Y10S</b>	Y10S Camp										
<b>Y10T</b>	Y10T Camp										
<b>Y10U</b>	Y10U Camp										
<b>Y10V</b>	Y10V Camp										
<b>Y10W</b>	Y10W Camp										
<b>Y10X</b>	Y10X Camp										
<b>Y10Y</b>	Y10Y Camp										
<b>Y10Z</b>	Y10Z Camp										

Students are dismissed from the sporting venue at 3pm, with the exception of school-based sport when they are dismissed at 3.20pm.

### VENUE and TRANSPORT ARRANGEMENTS

Sport/Co-Curricular	Venue	Address	Transport	Dismissal Arrangements
Basketball		School	N/A	Dismissed from school
Beach Volleyball		North Styrne, Manly	Walk to and from venue	Dismissed from venue
BMX/MTN	Big Air Indoor bike park	4-106 Old Pittwater Road, Brookvale	Bus to venue	Dismissed from school
Boating		School	N/A	Dismissed from school
Cross Country		Kettle Park, Manly	Bus to and from venue	Dismissed from venue
Crossfit		North Head, Manly	Walk to and from venue	Dismissed from venue
Fishing		Lake Park, Narrabeen	Bus to venue	Dismissed from venue
Football		Kettle Park, Manly	Bus to venue	Dismissed from venue
Futsal	Football Factory- Curt Curt Youth & Community Centre	242 Abbott Rd, North Curt	Bus to venue	Dismissed from venue
Games		Kettle Park, Manly	Bus to venue	Dismissed from venue
Jiu Jitsu	Sydney Jiu Jitsu Academy	14 Carter Hill, Brookvale	Bus to venue	Dismissed from venue
Kayaking	Manly Kayak Centre	Manly Wharf, Manly	Walk to and from venue	Dismissed from venue
League Tag/Touch		Kettle Park, Manly	Bus to venue	Dismissed from venue
Marine Arts		14 Carter Hill, North Manly	Bus to venue	Dismissed from venue
Robotics & Coding	Hop, Skip & Funch	22 South Styrne, Manly	Walk to and from venue	Dismissed from venue
Rock Climbing	Northern beaches Rockhouse	25-13 Blythwood Rd, Brookvale	Bus to venue	Dismissed from venue
Skating		Kettle Park, Manly	Bus to venue	Dismissed from venue
Strength & Conditioning	Chocolate Box, Croner	17-19 O'Hara Road, Brookvale	Bus to venue	Dismissed from venue
Surf	Manly Kayak Centre	Manly Wharf, Manly	Walk to and from venue	Dismissed from venue
Surf Survival	SEA	South Styrne, Manly	Walk to and from venue	Dismissed from venue
Swimming	Manly surf school	North Styrne, Manly	Walk to and from venue	Dismissed from venue
U14s Football	School & Various Schools	School	Bus to venue	Dismissed from school/venue
Weights		School	N/A	Dismissed from school

## Extra-curricular sport Term 1

Please see Compass for further information and to register your interest in this term and nominations for NSWCCC:

- SPCC/MWBA Basketball comps begin - from Monday 13 February
- SPCC Basketball Academies begin – Tuesday 14 February
- CSBBS Opens touch – Tuesday 14 February
- CSBBS 15s touch – Tuesday 21 February
- SPCC SWIMMING CARNIVAL – Tuesday 7 March**
- CSBBS 13s touch – Wednesday 8 March
- CSBBS 15s / 18s Rugby League trials - Monday 13 March
- CSBBS Swimming - Tuesday 14 March

All Sport enquiries, please contact me at adam.malcolm@dbb.catholic.edu.au

**Mr Adam Malcolm**  
**Leader of Sport**

# YOUTH MINISTRY AND SOCIAL JUSTICE NEWS

## Altar Service Training

Thank you to Fr John Puliparaebil who last week offered training to our Year 8 students so that they are able to serve as Altar Servers for College Masses and in their own church communities. Congratulations to the following students who accepted the call to this valuable ministry: Denzel, Zac, Peter, Hayden, Oliviero, Vincent, Fynn and Sam.



## Catechist Training

Congratulations to our Year 10 students Tully, Aussie, Domenic, George, Aaron who are training to become Catechists at Harbord Public School in 2023. Thank you to Mr John Donnelly and Ms Toni Walsh for providing training for our students. These students will be commissioned at our opening school Mass next week.



**Ms Joanne Kalayzich**  
**Youth Ministry Coordinator**

## Diverse Learning

Diverse Learning supports all learners at St Paul's and provides dedicated, focused support for students with disabilities who require adjustments. Through the NCCD, schools are required to submit data on the number of students requiring adjustments and the level of support. Details of this data collection can be found on the Australian Government NCCD Parental Fact Sheet . For further information please contact Mr Arthurs, Leader of Diverse Learning.

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20for%20parents%20guardians%20and%20carers.pdf>

## Homework Club

- Each Monday afternoon 3:30pm -4:30pm in classroom S21.

**Mr Ben Arthurs**

**Leader of Diverse Learning**

## NOTICEBOARD

### Enrolments

We are currently enrolling students for Year 7 2024.

Please find attached correspondence from the Department of Education:

The College **Open Day** is scheduled for Thursday 2nd March 2023 from 4:00pm to 7:00pm.

**ST PAUL'S CATHOLIC COLLEGE MANLY**  
**OPEN DAY**  
**Thursday 2 March 2023 4pm - 7pm**  
**COME AND VISIT OUR COLLEGE**  
A safe and supportive community, focused on the learning needs of every student.  
Connect with our Student Ambassadors and Teaching Staff  
Meet our College Principal and Student Leaders  
Actively engage with all Key Learning Area displays  
Discover how St Paul's will meet your child's learning needs  
**PRIMA PRIMUM: First things First**  
Michael Reid, College Principal  
St Paul's Catholic College Manly  
124 Darley Road, Manly NSW 2095  
9977 5111  
stpaulsmanly.nsw.edu.au  
Principal's Address 5:30pm  
Scan Now To Register



*Inspiring hearts and minds to know Christ, to love learning, to use their talents to be the very best they can be.*

## Lost Property

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has outgrown his school uniform, please consider donating any item in good condition, particularly senior uniform grey shorts, trousers, and blazers – this has proven to be a helpful solution to many boys experiencing wardrobe 'malfunctions' during the school day and is a great way to recycle and reduce landfill.

The College ties are always very welcome as these are often misplaced by the boys.

## **SCHOOL UNIFORMS**

New uniforms may be purchased from Pickles School wear at 43 Carter Street, Brookvale. Phone number 9905 2711

Pickles School wear

## **School Canteen**

Yummy Bears Canteen Menu for Term 1, 2023

To register for Flexischools, please follow these instructions

<http://www.flexischools.com.au/>

The cut off time for lunch orders via Flexischools each day is 9:00am.

## **Tania and Teresa Yummy Bears Kiosk**

## **Lifeblood supporter**

Got a bit of time next month? Time to give blood and change lives? 1 in 3 people in Dee Why will need blood, and they need people like you to give it. We're rolling into town from 17th to 19th February. Don't forget to pre-book your spot at [lifeblood.com.au](http://lifeblood.com.au) , on our app or on 13 14 95.

## **Head above water**

Head Above Water is a mental fitness charity, founded by Connor Ward's Dad - Andrew. Heading into its 5th year, the Head Above Water group has raised over \$540,000 for mental health initiatives on the Northern Beaches, reaching over 8,750 people.

## **FOLLOW US ON SOCIAL MEDIA**

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

<https://www.facebook.com/stpaulsccmanly>

If you have concerns about your son appearing on social media, please alert the College immediately.

## **BROKEN BAY NEWS**

Broken Bay News publications are available via this link:

<https://www.bbcatholic.org.au/news-events/broken-bay-news/broken-bay-news-editions>

## **PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE**

<b>College Website:</b>	<a href="http://www.stpaulsmanly.nsw.edu.au">www.stpaulsmanly.nsw.edu.au</a>
<b>Enrolments email:</b>	<a href="mailto:enrolments@dbb.catholic.edu.au">enrolments@dbb.catholic.edu.au</a>
<b>Student achievements email:</b>	<a href="mailto:stpauls@dbb.catholic.edu.au">stpauls@dbb.catholic.edu.au</a>

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