



"Prima Primum" - First Things First

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4 November 2022

PRAYER

This week the Church celebrated the Feasts of All Saints and All Souls. In the language of the Church a Saint is a person who has lived a life of heroic virtue - not a perfect life but one characterised by a determination to consistently do good according to God's will. The Church proclaims a Saint when an examination of their life meets this expectation, has inspired others to live a life that imitates their faithfulness to God, and has been associated with God's miraculous intercession.

In the early Church, however, our Patron St Paul referred to all the faithful who were striving to live a life faithful to the Gospel as saints. On the Feasts of All Saints and All Souls we celebrate, pray for, and ask the intercession of the faithful people that have come into our own lives, shown us the face and the loving compassion of God, and now departed.

Loving God, we give thanks for the everyday saints that have touched our lives; those that we have known and loved.

Grant, we pray, that they may live forever in the light of your presence, and continue to inspire us, so that one day we may stand alongside them in your heavenly kingdom.

St Paul pray for us.

Blessed Edmund Rice, pray for us.

Live Jesus in our Hearts, forever.

COLLEGE PRINCIPAL

I am pleased to share with you that from the beginning of the 2023 school year the role of Director of Student Wellbeing for Learning will be filled by Mr John Hunt. Mr Hunt is presently employed as a Wellbeing leader at Christian Brothers High School Lewisham, where he has also held leadership roles in curriculum and gifted education. He has also held leadership positions in the UK, where he began his teaching career.

The Director of Wellbeing for Learning is a member of the College's Senior Leadership Team and is responsible for the College's year-based Leaders of Students Wellbeing and its Courage programme.

We look forward to welcoming Mr Hunt to our community. We are grateful to our Assistant Principal Ms Shawcross who has covered the duties of the Director of Wellbeing for Learning within her own role this year.

Congratulations

This week the final HSC written examinations have been completed, with Year 12 now awaiting their results on 15 December. Both the examination results and ATARs for those students that have applied for them will be released on the same day this year. While the anticipation of these results will naturally preoccupy the thoughts of many, it is appropriate that we congratulate the Class of 2022 now for the way in which they have presented themselves for these final examinations. Both the Presiding Officer and many of the supervisors that have attended the College each day have told me that these young men have worked solidly and cooperated beautifully throughout the three and a half weeks of the examination period.

Ongoing Improvement Works

Parents that have been to the College in the past fortnight would have noticed that several repairs and maintenance works are now underway, with the support of Catholic Schools Broken Bay. In the South Block new carpets and lighting have been installed in many areas with more to be done, and the science laboratories have been repainted. Several classrooms in the North block have also been repainted with new blinds to be installed in the coming weeks as well as repairs to worn window hardware.

Later in the Term significant works including the construction of a new retaining wall and drainage above the basketball courts and deep excavation for new drainage in front of The Waterford Hall will commence. The area along the driveway from which the old demountable sick bay was removed earlier in the year will be remediated with a new outdoor workspace

for our technology classes being created. Finally, the demountables along the boundary fence which are no longer in use will be removed and relocated to another Broken Bay school on the Central Coast to provide temporary accommodation as they undertake works of their own. These demountables arrived at St Paul's as temporary accommodation in 2012 when major repair works were underway on the North block.

All these works represent a significant investment in the College by Catholic Schools Broken Bay and the Diocese as they continue to support a strong and growing St Paul's into the future.

Prima Primum

God bless.

Mr Michael Reid
College Principal

COLLEGE CALENDAR 2022

For 2022 school dates please refer to the Google Calendar



Please view our College Facebook page

<https://www.facebook.com/stpaulsccmanly>

ASSISTANT PRINCIPAL

Congratulations to Year 8 who have been working on the theme of 'Be Kind' during their COURAGE lessons. Individual PC classes have been discussing what this means as a school level and how they can demonstrate it towards others, complimenting nicely with what they have been studying in Religion – The Golden Rule. Mr Walker's PC class started this demonstration nicely with the class distributing ice blocks to students during lunch last Thursday. This week Mr Longfellow's PC class led the Assembly with some great ideas, shown through images and a poem that demonstrated what kindness looks like. I am looking forward to the next Assembly when Mr Baker's PC class continues the kindness theme.

During Term 1 Year 9 were due to attend camp, however it was cancelled because of the rain that had occurred causing the area to be flooded. The camp is now due to go ahead in Week 7 and the students are looking forward to it. Camps are one of the events that the students remember for years to come as they spend time working with their peers and teachers in an environment free from the classroom. The challenges that they are often faced with strengthen their resilience and confidence. I am sure that the year group will have a great time.

This week the HSC examinations conclude, and I congratulate the Year 12 on their approach to the exams. Each time they have arrived, they have been punctual and when it has been their last exam, the students individually have sought out

Teachers to thank for their efforts in assisting them to the final paper. The Class of 2022 have finished their schooling in a very positive way and should be commended for this. I wish them all the best for the future.

As we approach the middle of Term 4, there are many assessments across the different year groups happening. Assessments are one way of checking for long-term understanding of different concepts and learning. If your son is saying he has no work to do, he has simply forgotten that he has one or more assessments to complete; please remind him of this.

Ms Karen Shawcross
Assistant Principal

DIRECTOR OF RELIGIOUS EDUCATION

Term 4 is often seen as "the Christmas Term". It doesn't, however, mean that there isn't a great deal to do before December!

Year 7 are well into their new unit, "Protecting human dignity" and have explored several bible passages where Jesus has demonstrated how to treat others. They have looked at the "greatest Commandment" and the "Golden Rule". Some wrote Rap songs about it and others produced excellent "Micrography" for the passages or for the Golden Rule. Micrography is art that uses the words of the scripture to form the images and shapes. The example here is of the Golden rule with people from different religions all made from their version of the Golden Rule.



This unit will work brilliantly into preparing for our Vinnies Christmas Appeal. The assessment for the boys is based on creating a mini campaign to encourage action about an issue of their choosing.

Year 9 and 10

Exams for Year 9 and 10 are in Week 5. It is vital that the boys spend some time in quality preparation. Not only will this help them get a grade they deserve, but it is a vital part of life in Stage 6 which is just around the corner.

Mr Steven Callow
Director of Religious Education

COLLEGE COUNSELLOR

Free Webinar for parents: Handling tricky friendship days

Friendships can be complex, intense, and filled with unpredictable ups and downs. Even though we might wish that our kids could “just get on with it”, most need our active guidance to problem solve daily challenges. In this webinar, Michelle Mitchell offers a set of practical guiding principles to help empower children to handle tricky friendship days.

Helping your young perfectionist

There's a perception in our society that perfectionism is a good thing, akin to being perfect. That it's something we should strive for or drop into conversation in job interviews... Yet the reality is quite different.

Mrs Mary Thomas: Monday, Tuesday, Wednesday

Mrs Danika Mouldsdales: Thursday, Friday
College Counsellors

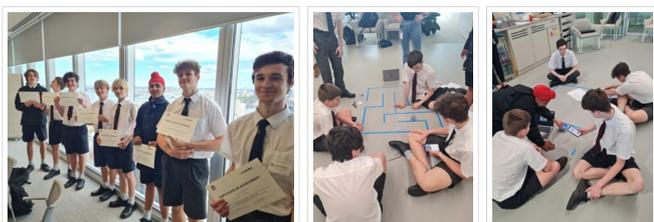
VET (VOCATIONAL EDUCATION AND TRAINING) AND POST SCHOOL OPTIONS

IST and SDD Cyber Security Industry Day at Paloalto



Our Information and Software Technology and Software Design and Development students had the opportunity to experience what it's like to work for one of the largest cyber security companies in the world. The students were put through their paces by the cyber experts at Paloalto. Students learnt about some of the most interesting hacks in history (including hacker that managed to get into a Casino network via an internet connected thermometer in a fish tank) Students learned about the threat landscape and the different ways you could fall victim to a cyber-attack. Students then worked in groups to identify a vulnerability in their school or home and come up with a solution to prevent an attack.

Students got to hear about the different roles that play a part in cyber security, both technical and non-technical and learned about the different pathways to kickstart a Career in Cyber Security. The College would like to thank Paloalto for hosting our students and Mr Endacott for taking his students out on the day.



Careers Bulletin

Click this link for the latest edition of the Careers Bulletin.

For more Careers information see the link below

<https://st-pauls-catholic-manly.jobjump.com.au/>

If you would like any further information, please do not hesitate to contact me at garth.aird@dbb.catholic.edu.au.

Mr Garth Aird

Leader of Learning VET and Post School Options

JAPANESE



Did you know that the bullet train known as the shinkansen in Japanese can go as fast as 320km/hour? Year 8 are currently learning about transport in Japanese and how best they can get around Japan.

Year 9 students are learning about Japanese houses and the similarities and differences between an Australian house and Japanese houses. They have learnt that you do not wear shoes in the house and that slippers are worn throughout the house, and they even have different slippers to wear in the toilet too!



Year 10 have been learning the vocabulary to go shopping in Japan and how to ask what they would like to buy and learn about department stores in Japan.

Students in all classes of Japanese are currently reviewing classwork in preparations for their Yearly exams. These will be in the form of a listening, reading, and writing test. Students can revise vocabulary using the website Education perfect to practice reading and listening of key vocabulary.

Mrs Amanda Kibby

Leader of Learning Languages

CREATIVE AND PERFORMING ARTS

Term 4 has seen the creativity flowing significantly early in CAPA, with several outstanding achievements from our very talented students.

The Bishops Art Prize opened the doors to all types of creatives this year and alongside the incredible Visual Arts category, this year we saw the inclusion of Music, Dance, Drama and Short Film added to the prize.

St Paul's featured with glowing results this year, having two 1st prize winners in Visual Arts and a 1st prize win for Music.

Congratulations to these students: Christian Basile placed 1st in Visual Arts Stage 4.

George Wright placed 1st in Visual Arts Stage 5.

A collective music group, featuring the following students: Remy Ullrich-Savage, Leonardo Calderon Lopez, Amos Williams, Cooper Cox, Cohen Osborne, placed first in Music.

Congratulations to all the students who entered in various categories.



In the classroom this Term, our stage 4 music students will dive into the topic of 'Pop Music'.

The boys have already begun creating small bands and will perform as a group in our week 8 music at St Paul's Concert this Term.

Year 8 will focus on their compositional skills this Term and compose their own unique piece of film music using digital music software.

Stage 5 are focusing on Music Technology and will learn how they can broaden their performance skills by performing with various types of technology.

Students will develop their skills in recording, production and composition and learn the fundamentals of operating both digital recording technology and external hardware.

Year 12 have begun their first Term and have hit the ground running by focusing on the topic 'An Instrument and its Repertoire'.

The students will perform their core performance piece at the end of the Term and prepare a 10-minute viva voce on their focus instrument.

In Visual Arts our Year 7 students will explore the work of Australian artist, Howard Arkley through the topic 'Unreal Estate'.

Year 8 will finalise their incredible sculptures which they began last Term. Keep your eyes peeled for the other-worldly monsters on display throughout the school.

Stage 5 will add the final touches to their Body of Work and Year 12 will begin the process of planning and developing their major work.

Our wonderful students will be sharing their creative talents at the Music at St Paul's night in week 8 this term.

This Term we will include several of our talented Visual Arts students who will have their work on display to accompany the musical performances. More information to come soon.

A reminder that our Music @ St Paul's night, showcasing our very talented students of St Paul's will take place on Monday the 28th of November from 5:00pm -7:00pm. Open to all students and families.

Mr Jordan Waller
Leader of Learning CAPA

YOUTH MINISTRY AND SOCIAL JUSTICE NEWS

Year 7 Reflection Day

Despite the questionable clouds, the weather did not dampen our Year 7's enthusiasm for their Reflection Day held last week. Students enjoyed a Welcome to Country and experienced *Dadirri*, a deep inner listening by Indigenous students from St Leo's Catholic College Wahroonga. Students relished in a local walk and played a game of touch rugby at Collins Flat. All enjoyed a BBQ lunch before examining what they are grateful for and concluding with a liturgy. Thank you to the Year 7 team for a wonderful day.



Catholic Mission Mass

Catholic Schools of Broken Bay celebrated combined schools Catholic Mission Mass last week at the Cathedral. Dorothy Markasa from Catholic Mission spoke about issues facing Zamia whilst Fr Brendan Lee spoke about the complex challenges of being a missionary and how \$1 can buy a meal in many countries. Please consider giving a donation to

<https://www.catholicmission.org.au/>



Ms Joanne Kalayzich
Youth Ministry Coordinator

Thursday Sport

THURSDAY SPORT									
Term 4 Thursday Sport Arrangements for Year 7 to 10 * Year 11 Retreat ** Year 9 Camp									
	OCT 13	OCT 20	OCT 27	NOV 3	NOV 10*	NOV 17	NOV 24**	DEC 1	DEC 8
7PD S	ROCK CLIMBING	YEAR 7 GAMES	SURF EDUCATION	SURF EDUCATION	SURF EDUCATION	SURF EDUCATION	BOWLING	YEAR 7 GAMES	ROCK CLIMBING
7PD P	BOWLING	YEAR 7 GAMES						YEAR 7 GAMES	BOWLING
7PD C									
8PD S	JUI JITSU	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	JUI JITSU	CROSSFIT	FISHING
8PD P	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	JUI JITSU
8PD M	BMX/MTN	BMX/MTN	BMX/MTN	BMX/MTN	BMX/MTN	BMX/MTN	BMX/MTN	BMX/MTN	BMX/MTN
9PD S	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING	SURFING
9PD P	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL	FUTSAL
9PD M	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE	BBALL OUTSIDE
9PD O	FISHING	BOWLING	CROSSFIT	FISHING	BOWLING	CROSSFIT	FISHING	BOWLING	CROSSFIT

Students are dismissed from the sporting venue at 3pm, with the exception of school based sport when they are dismissed at 3.20pm. **

VENUE and TRANSPORT ARRANGEMENTS

Sport/Co-Curricular	Venue	Transport	Dismissal Arrangements
Surf Survival	South Steyne Manly	Walk to and from venue	Dismissed from venue
Cross Country	Kerrie Park	Bus to and from venue	Dismissed from venue/dismissed from school
League Tag/Touch	Kerrie Park	Bus to venue	Dismissed from venue
Basketball	School	N/A	Dismissed from school
Futsal	Carl Curt Community Centre	N/A	Dismissed from venue
U14s Football	School & Various Schools	Bus to venue	Dismissed from school/venue
Weights	School	N/A	Dismissed from school
Boxing	School	N/A	Dismissed from school
Martial Arts	Manly Head	Bus to venue	Return to School
CrossFit	North Head	N/A	Dismissed from school
Football	Kerrie Park	Bus to venue	Dismissed from venue
Surfing	North Steyne Manly	Walk to and from venue	Dismissed from venue
Surf/Kayaking	Manly Wharf	Walk to and from venue	Dismissed from venue
Strength & Conditioning	Chocolate Box, Cromer	Bus to venue	Dismissed from venue
Games	6/100 Old Pittwater Road	Bus to venue	Dismissed from venue
Robotics & Coding	Kerrie Park	Bus to venue	Dismissed from venue
Rock Climbing	22 South Steyne	Walk to and from venue	Dismissed from venue
Fishing	45-113 Wivenhoe Rd, Brookvale	Bus to venue	Dismissed from venue
Swimming	Lake Park, Narrabeen	Bus to venue	Dismissed from venue
Stunting	Kerrie Park	N/A	Dismissed from venue

Broken Bay Touch U13s

A team of mainly Year 7s participated in the Broken Bay U13s Touch Gala. The team had a mixed day in terms of results. Despite the rain, the boys had an enjoyable day. Thank you, Mr Adam Malcolm, for taking the boys.

Rugby League News



Congratulations to Savelio Tamale (Year 12), in gaining a professional Rugby League contract with the St George Illawarra Dragons.



Well done also to Luke Polselli (2016) in representing Italy at full back in the Rugby League World Cup.

EXTRA-CURRICULAR SPORT TERM 4

Please see Compass for further information and to register your interest in extra-curricular sports in Term 4. The list of events is as follows:

1. Years 7/8 Peninsula Cup Touch – Monday 4.00pm to 5.00pm at Nolan Reserve, Manly
2. Years 9/10/11 Peninsula Cup Touch – Monday 4.00pm to 5.00pm at Nolan Reserve, Manly
3. Cricket – Date and Time (TBC)
4. BBSSSA Surf and Bodyboarding – Tuesday 15 November
5. BBSSSA Surf Lifesaving – Thursday 24 November
6. BBSSSA Tennis – Tuesday 29 November

7. BBSSSA Beach Volleyball – Tuesday 29 November (Year 11 only)

All Sport enquiries, please contact me at timothy.emmerson@dbb.catholic.edu.au

Mr Tim Emmerson
Leader of Sport

BEN ROWSE

get2know

Ben Rouse

PDHPE/VET Teacher/Year 12 Leader
12 years at St Paul's

My primary and high schools were?
I'm a Manly boy through and through - St Mary's Primary and St Paul's.

My journey so far?
14 years a teacher – started teaching primary school gymnastics, and now I've been a YearCo for nearly a decade with a few different roles in between. Loved/loving it all.

Why I want to work at St Paul's?
I've always enjoyed working with and helping young men and St Paul's genuinely cares for the whole person. The College has given me, and extends the opportunities to all our staff, to use their gifts and skills to help our boys to develop theirs.

My proudest moment?
I probably should say my wedding, but snaring the winning wicket in the cricket Shires Grand Final was pretty awesome.

My favourite subject at school?
Close tie between Economics and Legal Studies. Shout out to Ms Peary and Mr MacDonagh for making those subjects awesome.

My favourite food?
I love a good Korean BBQ platter!

My favourite band?
Jimmy Eat World – quality 90s/2000s garage grunge.

My favourite quote?
"Life is 10% what happens to you and 90% how you react to it." *Charles R. Swindell*

My best schooling experience?
As a student, probably our graduation skit. As a teacher, winning silver in Bendigo at the Basketball Nationals might win it.

ST PAUL'S CATHOLIC COLLEGE MANLY

DIVERSE LEARNING

Diverse Learning supports all learners at St Paul's and provides dedicated, focused support for students with disabilities who require adjustments. Through the NCCD, schools are required to submit data on the number of students requiring adjustments and the level of support. Details of this data collection can be found on the Australian Government NCCD Parental Fact Sheet. For further information please contact Mr Arthurs, Leader of Diverse Learning.

<https://www.nccd.edu.au/sites/default/files/fact%20sheet%20or%20parents%20guardians%20and%20carers.pdf>

Homework Club on Monday Afternoon

Homework club runs each Monday afternoon from 3:30pm to 4:30pm in room S21. All students and subjects are welcome, especially senior students willing to support our junior students.

Homework Club staff:

- Mr Ben Arthurs
- Mrs Trish McGregor
- Ms Julie Jones

- Ms Andrea McKenzie

We look forward to seeing many students there!

Mr Ben Arthurs
Leader of Diverse Learning

NOTICEBOARD

Enrolments and College Tours

We are currently enrolling students for Year 7 2024. Prospective families are invited to join our Principal Michael Reid on a college tour.

Our next College Tour is scheduled on Thursday 17 November 2022, 9:15am to 10:30am. To register please email stpauls@dbb.catholic.edu.au or telephone our Reception on (02) 9977 5111.

Collection Notice information for parents

Dee Why Mobile Blood Donor Centre

One in three people in Dee Why will need blood during their lives – we need locals like you spreading the word, that blood may not be there at the crucial moment.

VAPING - WHAT PARENTS AND CARERS NEED TO KNOW



Webinar for parents and carers: Thursday 10 November 7:00pm - 8:00 pm

P&C Federation is co-hosting this webinar with NSW Health and the NSW Department of Education to help parents and carers understand more about the facts on the health risks of e-cigarette use (vaping). You will learn about where to find more information including the NSW Government's 'Do you know what you're vaping?' campaign and Vaping Toolkit.

Webinar overview

This webinar will answer your questions about vaping:

- What are the harms of vaping?
- What is the impact of nicotine on young people?
- What are signs to look out for to know my child is vaping?
- What are the sources of support to quit nicotine (smoking and vaping)?
- What can I do to support my child?
- Is the sale of vapes legal? What is the situation for children under 18 years of age?
- What are schools doing to address vaping?

Panellists

The following panel will be at the webinar to share information and answer your questions:

- Dr Kerry Chant, Chief Health Officer and Deputy Secretary, Population and Public Health, NSW Ministry of Health
- Renee West, PDHPE Curriculum Advisor 7-12, NSW Department of Education
- Dr Bronwyn Milne, Head of Department Adolescent Medicine, Sydney Children's Hospital Network, Staff Specialist Paediatrician and Addiction Medicine Specialist

P&C Federation President Natalie Walker will facilitate the webinar.

At the conclusion of the presentation, there will be the opportunity for attendees to ask questions of the panel.

To register

Registrations are now open for this webinar. If you can't attend, the webinar will be recorded, and all registrants will be notified once the recording is available for viewing.

https://au01web.zoom.us/webinar/register/WN_PbzXzMgsTC-iQdBj8_1e7w

We look forward to you joining this webinar and encourage you to promote the webinar through your local school communities.

LOST PROPERTY

Lost property is located at the College Reception in the Cardinal's Palace. If your son is missing any item(s) please ask him to check with the College Receptionist to determine whether it may have been handed in.

Please label your son's uniform items. Uniforms are expensive and when they have no identification, we cannot return them to the owner.

If your son has outgrown his school uniform, please consider donating any item in good condition, particularly senior uniform grey shorts, trousers, and blazers – this has proven to be a very helpful solution to many boys experiencing wardrobe 'malfunctions' during the school day and is a great way to recycle and reduce landfill.

The College ties are always very welcome as these are often misplaced by the boys.

SCHOOL UNIFORMS

New uniforms may be purchased from Pickles School wear at 43 Carter Street, Brookvale. Phone number 9905 2711

ST KIERAN'S PARISH MANLY VALE 70TH ANNIVERSARY CELEBRATIONS

INVITATION:

North Harbour Catholic Community is celebrating the 70th Anniversary of the Parish of Manly Vale which was established in 1952.

Former parishioners and current families are invited to join in the festivities on the weekend of Saturday 5 and Sunday 6 November.

- Saturday evening 5 November – BINGO in the Parish Centre, a fun night and trip down memory lane. Bookings essential – details on the Parish website.
- Sunday morning 6 November – ANNIVERSARY MASS in St Kieran's Church at 9.30am, followed by a Celebratory Morning Tea in the Parish Centre.
- Blessing of Parishioners – Parishioners who received the Sacraments in St Kieran's over the years will receive a special blessing at all Masses.

Fr David Austin OSA
Parish Priest

CANTEEN

School Canteen Assistant

Yummy Bears Kiosk Pty Ltd is seeking a School Canteen Assistant to commence immediately - come and join our friendly YBK Team at St Paul's Catholic College Manly.

We are offering a permanent part-time position, 3 days a week and we work 40 weeks per year during school Term only from 8:00am to 2:30pm. (negotiable).

New Employees are required to apply for a Working with Children Check and Food Safety Certificate. Mandatory COVID vaccination proof or valid medical exemption evidence.

For more information, please phone Tania on 0423 855 273

To register for Flexischools, please follow these instructions

<http://www.flexischools.com.au/>

The cut off time for lunch orders via Flexischools each day is 9:00am.

Tania and Teresa
Yummy Bears Kiosk

FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted, and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

<https://www.facebook.com/stpaulsccmanly>

If you have concerns about your son appearing on social media, please alert the College immediately.

BROKEN BAY NEWS

Broken Bay News publications are available via this link:

<https://www.bbcatholic.org.au/news-events/broken-bay-news/broken-bay-news-editions>

PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE

College Website:	www.stpaulsmanly.nsw.edu.au
Enrolment's email:	enrolments@dbb.catholic.edu.au
Student achievements email:	stpauls@dbb.catholic.edu.au