



## "Prima Primum" – First Things First

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8 June 2018

## REFLECTION

*From last Sunday's Feast of Corpus Christie- The Most Holy Body and Blood of Christ.*

(with thanks to Jesuit Communications)

Exodus 24:3-8. Psalm 115(116):12-13, 15-18. Hebrews 9:11-15. Mark 14:12-16, 22-26.

I will take the cup of salvation, and call on the name of the Lord—Psalm 115(116):12-13, 15-18.

'All the words the Lord has spoken we will carry out!'

As Jesus' life enters its final stages, he gathers his friends. When he celebrates Passover with them, he takes bread, blesses it, breaks it and says 'Take it, this is my body.'

Jesus' body is broken for us both in the Last Supper and in the Crucifixion. This doubling creates for us a sure affirmation of Christ's personal love for us.

This feast is a reminder of the gift of Christ's body present with us in the Eucharist. This helps make Christ more and more present through us in the church and in the world.

<https://www.catholicnewsagency.com/news/pope-francis-message-for-corpus-christi-let-yourself-be-broken-for-others-14755>

## PRINCIPAL

Please read the latest Principal's blog, found below.

<https://stpaulscatholiccollegemanlyprincipal.wordpress.com/>

Scroll down and read other articles if you have missed them.

I am always happy to hear from you; please call me on (02) 9977 5111 or email [christopher.browne@dbb.catholic.edu.au](mailto:christopher.browne@dbb.catholic.edu.au)

**Mr Chris Browne**  
**Principal**

## ASSISTANT PRINCIPAL

It is with great surprise that we realise that this Newsletter is more than midway through Term 2! The weather has certainly reminds us that it is winter and I ask your support in reminding your son(s) that they are to be dressed in the appropriate winter College uniform. There is the tendency to grab a 'hoodie' and wear it under the blazer or jacket, however as this is not part of the school uniform it is invariably taken and the consequences put in place. The College uniform has a red jumper that can be worn under the black jacket or blazer, only. A reminder that all of the College uniform items are available from Pickles Schoolwear in Wattle Road, Brookvale.

Midway through the term also means that there are plenty of assessments being completed as many subjects complete units of work. Reminder that boys can use the IRC at recess and lunch and homework club is available afterschool on Monday. Boys who do not understand assessments need to ensure they ask questions of their teachers. You or your son is welcome to email the relevant teachers.

On Tuesday evening 5th June we held our Year 7 2019 Meet and Greet Evening. It was wonderful to meet the Year 6 boys and their parents; we had a number of our current students also attend the evening as ambassadors of the College and working in the hospitality kitchen. Many thanks to these boys who braved the cold night and made the Year 6 boys and their families feel so welcome.

Next Friday 15th June we will be having our College photos. Envelopes regarding these photos and details were given to your son(s) this week in his PC class on Wednesday 6th June. If your son has not received his envelope please ask him to speak with his PC teacher. Family photos are also available on the day; if you would like your sons to have a family photo these envelopes are available from the College front office.

**Ms Karen Shawcross**  
**Assistant Principal**

## DIRECTOR OF STUDENT WELLBEING

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It is at this time of Term that students can find themselves overwhelmed by the assessment schedule. This is normal. As they move through secondary school students should become more adept at managing their time. However, until they are in that space there will be challenges with managing the work load. Teaching staff are available to support students when their work load appears insurmountable.

Consequently families bear the brunt of student attitude and stress related outbursts. While unpleasant, it is normal. The best advice I can give is to provide food, love and support. If you need help, contact the relevant Leader of Wellbeing and they will be only too happy to provide you with support.

### How to answer the difficult questions

You may be aware that the second series of the popular Netflix program "13 Reasons Why" was launched on Friday 18th May. The release of the original season caused some angst due to the difficult content and troubled characters portrayed throughout the series.

To ensure viewers and the wider community are safe and informed about the show's content, Netflix and Headspace collaborated to develop information that may be helpful for viewers of the program and their families.

Conversations that may start from either watching the show, or second-hand, may be challenging. The resources developed by Netflix and Headspace are to assist parents and caregivers engaging with their child about issues that have not previously seemed relevant.

Depending on individual life experiences and current circumstances, some people may be distressed by the themes of the series. Unfortunately, the themes explored in this series are far too common among young people. Having open conversations can provide insight into whether further support is necessary.

The issues portrayed in this program include bullying, suicide, grief, sexual assault, drug use and gun violence. The link below is a parent guide for discussing these challenging issues with your child. I recommend viewing the resource, even if your son is not watching the series. There may be conversations around the series at school, or online. Being informed is a proactive step towards better communication.

<https://13reasonswhy.info/wp-content/uploads/2018/05/AUS-TRALIA-PARENTS-13RY-Headspace.pdf>

<https://13reasonswhy.info/wp-content/uploads/2018/05/AUS-TRALIA-SCHOOLS-13RY-Headspace.pdf>

**Mrs Trish McGregor**  
**Director of Student Wellbeing**

## CAREERS

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For comprehensive careers information please visit St Paul's Careers on our website where you can find a calendar of careers based events along with information on the different pathways available to your son during and after school.

<http://stpaulsmanlycareers.com/?page=newsletter>

<http://stpaulsmanlycareers.com/>

### In this edition articles include:

National Youth Science Forum  
What is an Engineer?  
Four Pathways to Engineering  
Career in Health Information Management  
Where does an Arts Degree get you?  
Schoolies Unearthed  
Casual Employment Trends

### Please also see the attached articles and information on:

University open days  
2018 employment projections  
Maths subject selection

**Mr Dale Casburn**  
**College Careers Adviser**

## COLLEGE NOTICEBOARD

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### Book Your College Tour

Our next College tour is on Wednesday 13th June from 9:30am to 10:30am. Please register your interest by calling the College Registrar, Mrs Louise Raffo on 9977 5111 or by emailing [stpauls@dbb.catholic.edu.au](mailto:stpauls@dbb.catholic.edu.au)



### Important Dates in Term 2 2018

### School Terms 2018

### Prefect Report

Over the last two weeks, we have been very busy. Homework club is always bustling with activity with many of the younger students making the most of the opportunity to get on top of assessments and prepare for upcoming exams. It has been great being able to help out and just offer some simple advice that we would love to be able to have given our younger selves. 'deadlines are closer than they appear', 'make the most of your opportunities' and just 'try your best'. Throughout my six years at school it has shown me that although it may seem difficult at first, the way to achieve excellence is simply to try. The only failure is failing to try! Refusing to try new uncomfortable things means we ultimately cannot grow as a person. So we wish the junior students all the very best as they approach their assessment period. You've got this!

On Monday it was great to get into Year 7 Pastoral Care groups again and spend some time with the students and teach them how to tie various knots in their ties. Some students were

experts and some needed a little help. By the end of our time in PC almost all of the boys managed to tie a good looking knot. Regardless of how well the Year 7's sorted out their ties, it was a good opportunity to spend some time with the youngest members of our St Paul's community.,

One of our core values is Respect, our values convey the beliefs that positively influence our behaviour and the way we interact with our communities. They represent the sentiments to which we can aspire, and they shape our school community. With this in mind, this week the prefects have spent time visiting Pastoral Care groups asking that any student who has football boots that are in good condition and in need of a new home, to donate them to our Cambodian touring group. This group of students, will then deliver the boots to communities where, from previous reports, they will be gratefully received.



Mother Teresa said 'not all of us can do great things. But we can do small things with great love'. Thank you to those students who have already bought boots in, and thanks in advance to those who are still to do so.

**Daniel Parker and Flynn Capell**  
**Year 12 College Student Leaders**

### **Creative and Performing Arts**

All St Paul's students are encouraged to enter the annual Northern Beaches Art Prize, which is the most prestigious art competition in the area. Entries opened on Tuesday 1 May and will close Sunday 24 June. There is an entry fee of \$15 for students

<https://www.northernbeaches.nsw.gov.au/things-to-do/arts-and-culture/northern-beaches-art-prize>

Students may submit two-dimensional original paintings or drawings in any medium, printmaking, collage and photography. Open to artists in two categories - 10 to 14 years and 15 to 18 years. Terms and conditions apply

Overall winner - \$1,500 with even more prizes to be won.

Please see Mr Edmunds in the Visual Arts department for more information or refer to the Northern Beaches Art Prize website.

### **Save the Date!**

Music @ St Paul's Concert Series  
Thursday 21st June 2018  
6:00pm to 7:30pm in The Waterford Hall



**Mr Luke Edmunds**

**Leader of Learning Creative and Performing Arts**

### **What are the Australian Science Olympiads?**

The ultimate challenge for science students!

The Australian Science Olympiads are a national extension program for top performing secondary science students that culminate in the International Science Olympiads.

The program is a rewarding opportunity for high achieving year 10 and 11 students to extend themselves way beyond school science through challenging exams, stimulating residential programs and international competitions.

Why take part in the Australian Science Olympiads?

- Challenge yourself way beyond school science
- Enjoy recognition and encouragement
- Meet new friends who share your science passion
- Travel the world

How to participate in the Australian Science Olympiads:

There are three stages to the Australian Science Olympiads.

**Stage 1:** Australian Science Olympiad Exams - The first step in the Australian Science Olympiads is to sit one or more of the four challenging Australian Science Olympiad Exams. Students can sit exams in Biology, Chemistry, Earth & Environmental Science and Physics.

**Stage 2:** Australian Science Olympiads Summer School - Based on their performance in the Australian Science Olympiad Exams, around 100 students are invited to attend the Australian Science Olympiads Summer School.

**Stage 3:** International Science Olympiads - Based on their performance at the Australian Science Olympiads Summer School, 17 students are invited to represent Australia at one of the International Science Olympiads in Biology, Chemistry, Earth and Environmental Science and Physics.

Students are welcome to sit more than one exam.

Registrations are now open!

<https://www.asi.edu.au/programs/australian-science-olympiads/>

See me for further details.

**Mr David Longfellow**

**Leader of Learning Science**

## Japanese News

Our sister school are on their way!

Language learning is so much more meaningful when we have the opportunity to use and practice our skills in a real life context. Waseda students are arriving in early Term 3. Years 8, 9 & 10 students have been practicing their Japanese skills to enjoy their time with our sister school. Year 8 and Year 9 students will be working on their speaking skills of Japanese and will use the Waseda students to help them out with a speaking assessment task. Year 10 are currently making a 'Welcome to Manly' bag which will include a letter to each student, a shop recommendation, some Australian snacks and an Aboriginal symbols guide all in Japanese for our visitors.

Thank you to all the homestay families who have already volunteered to host a student. I'm sure you and the whole family will get a lot out of the experience.

I am still looking for three more families to host a student. It is a truly memorable experience, not only for your son but for the whole family. If you think you can accommodate a student, they require a bed and fit in with the rest of the family's schedule. You will be compensated for their stay. Please email me at [amanda.kibby@dbb.catholic.edu.au](mailto:amanda.kibby@dbb.catholic.edu.au) as soon as possible to secure your spot.

Waseda students arrive on Sunday 22nd July and will be here until Thursday 2nd August, 2018.

**Mrs Amanda Kibby**  
**Leader of Learning- Languages**

## Nationally Consistent Collection of Data

Please click on the link to read the fact sheet.

## Homework Club

We will resume Homework Club after school in Term 2 each Monday afternoon and will be held in classroom S22 until 4:30pm.

Students are welcome to bring their work that they may need assistance with and a positive attitude.

We will endeavour to provide volunteer Teachers to help each Monday.

**Ms Sheryl Amber**  
**Leader of Diverse Learning**

## Free Learner Driver Workshop

This workshop aims to increase the confidence and knowledge of supervisors who oversee learner drivers.

Tuesday 12 June 2018 at Northern Beaches Council, Civic Centre, Dee Why from 6:30pm to 8:30pm

Bookings can be made by emailing [roadsafety@northernbeaches.nsw.gov.au](mailto:roadsafety@northernbeaches.nsw.gov.au) or by calling 9942 2447

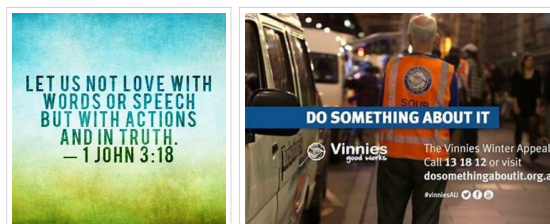
## YOUTH MINISTRY AND SOCIAL JUSTICE

The Winter Appeal this year promotes the idea that ordinary people are able to make an extraordinary difference in the

communities they live in. The inspiration to do what matters is all around us. The Spirit to feed, heal, shelter, nurture, inspire – the power to change lives – is in everyone. This winter, your commitment to helping those experiencing disadvantage, poverty, and homelessness is still very much needed and appreciated.

We are asking all families of the College to bring in your warm winter items in good condition to the Edmund Rice Cottage, where they will be sorted for distribution to St Vincent de Paul and Matthew Talbot Hostel.

And may we continue to be open to that same Spirit, responding in love to those we serve, living in hope of providing ordinary things of life extraordinarily well.



## World Environment Day 2018

World Environment Day was Tuesday 5th June, is a day to think about our lifestyle and choices that we make each day. Pope Francis urges each of us to reject a throwaway culture and acknowledges "many things have to change course, but it is we human beings above all who need to change" (Pope Francis, Laudato Si)

**Ms Joanne Kalayzich**  
**Diocesan Youth Ministry Coordinator**

## Cambodia 2018

The College is running its annual trip to Cambodia in July this year with thirteen boys from Years 10 and 11 going. Each year the trip is offered to all boys in Year 11 and also includes a limited number of places for the Year 10 boys.

During our visit to the capital Phnom Penh the boys will be teaching English and Mathematics to orphaned children, teaching rescued trafficked women and working with the Sisters of Charity and the Brothers of Charity. In Siem Reap the boys will be teaching in a village school on the outskirts of town.

As part of our trip we seek to take some items that may be difficult to get in Cambodia, or cost wise are beyond the financial capacity of many of those there. As such, we are seeking your support for donations of the following:

- Children's clothes
- Age reader books for children
- Soccer balls / basketballs / volleyballs – these can be purchased from venues such as Mike Pawley Sports at Dee Why
- Foot pumps and connectors for the above
- Pens / pencils / erasers / sharpeners / exercise books / solar powered calculators

If there are any excess age reader books donated they will be given to the Nigeria Library Project which is another charity

supported by St Paul's or will be retained for the 2019 Cambodia trip.

If you have any questions please contact me at the College on 9977 5111 or email [brendan.quail@dbb.catholic.edu.au](mailto:brendan.quail@dbb.catholic.edu.au)

### **Mr Brendan Quail**

#### **Year 11 Leader of Student Wellbeing**

### **World Youth Day 2019 in Panama**

St Paul's Catholic College, Manly is currently accepting 'expressions of interest' from students in Years 10, 11 and 12 to attend World Youth Day Panama in January 2019. Students will be travelling with Catholic Youth Broken Bay on a bus dedicated to people under 18 years of age.

The pilgrimage departs Sydney on Wednesday 16th January, 2019 for Mexico for four days to visit Our Lady of Guadalupe Shrine and other places of historical interest. Students will then travel to Panama for eight days of World Youth Day Festivities before engaging in a two day retreat before returning home.

<http://panama2019wyd.com/>

Students that may be interested in this pilgrimage please see Ms Joanne Kalayzich in the Edmund Rice Cottage on a Monday, Tuesday, Wednesday or please contact via email for more information [joanne.kalayzich@dbb.catholic.edu.au](mailto:joanne.kalayzich@dbb.catholic.edu.au)

### **Youth Mass**

Please join us at our next Youth Mass on Sunday 1st July at St Mary's Catholic Church, Corner of Ragland and Whistler Streets in Manly at 6:00pm. The College has a long and proud tradition of playing music for the 6:00pm Mass on the first Sunday of every month at St Mary's.

We are always looking for new band members. If you would like to join the liturgical band could you please direct your 'expression of interest' to Mrs Adrienne Grimes, St Paul's Music Teacher via email [adrienne.grimes@dbb.catholic.edu.au](mailto:adrienne.grimes@dbb.catholic.edu.au)

## **SPORT NEWS**

### **Thursday Sport – Term 2 2018**

Please click on the link for Thursday Sport Arrangements in Term 2, 2018 for Years 7 to 10.

### **Sport Results Week 4**

#### **Jamie Lyon Cup U13 Rugby League:**

St Paul's 32 defeated Narrabeen Sports High 8

#### **Steve Menzies U15 Rugby League:**

Narrabeen Sports High 22 defeated St Paul's 6

#### **Peninsula Cup:**

Year 8/9 Water Polo: St Augustine's 6 defeated St Paul's 2

U18 Football: St Paul's 1 drew with Oxford Falls Grammar School 1

U14 Football: St Paul's 1 defeated Pittwater House 0

### **Opens Football – BBSSSA Gala day**

The Opens played in the recent BBSSSA gala day with distinction without being able to make the semi-finals. Having

lost 1-0 to Mater Maria College, Warriewood in a game where the St Paul's midfield showed some real quality, they went on to beat MacKillop College, Warnervale 3-0. Needing only a draw to go through to the final against St Edward's College, East Gosford an own goal was enough to end the day for most of the player in a game that St Edward's probably deserved to win anyway.

Several of our boys made the Probables v Possibles trial: AJ Cerovic, Mathias Waagerpeterson, Ronan Conolly, Sol Mander Jones, Mathias Zervas and Luca Cavalieri all made the trial but Zervas and Cavalieri had to withdraw with injuries while Sol made the BBSSSA team.



### **Peninsula Cup v Oxford Falls**

The midweek team had an enjoyable game against Oxford Falls Grammar, ending in a 1-1 draw. Josh Wheen scored the St Paul's goal while Davin Kelly pulled off some great saves at the other end. With a few fill-ins playing for the Opens for the first time, it was Year 10 student, Anton Callow who shone in midfield showing the older boys how to remain calm on the ball. Aman Saini in Year 12 had a number of chances on his way to sprinting about 13 kilometres in the game!



### **Opens Soccer**

St Paul's 1-4 Northern Beaches Christian School

An outstanding solo goal by Sam Callow wasn't enough to overshadow a rather lacklustre performance in wet conditions against NBCS. Northern Beaches CS dominated the game, however, there were moments when St Paul's showed some skill and promise, especially from Mathias Waagerspeterson and Tyree Harmer. Justyn Pasieczny had a great game as did Angus Sylvester. Aman Saini is still running!



**Mr Steven Callow**  
**Leader of Learning PDHPE**

## U18 Rugby Union

The St Paul's Under 18 Rugby Union team continue to perform well and to date is undefeated.

Their results to date look positive:

**Round 1** v NBCS 14 – 12

**Round 2** v Oxford Falls 47 -7

**Round 3** v Moria College 50 – 19.

Congratulations to the boys for the way in which they have played, exhibiting determination and good sportsmanship. Keep up the good work in the lead up to Finals.

**Mr John McDonnell**  
**Teacher**  
**Under 18s Rugby Coach**

## Congratulations

Cooper Wilson in Year 11 has been selected in the NSW/ACT under 16 AFL squad! Cooper attended training camp last weekend and will play over the June long weekend and then play in Brisbane and Gold Coast in Queensland during the school holidays.

This is a huge milestone for Cooper and a step to achieving his AFL dreams. We congratulate Cooper in attaining this achievement (a goal he set back in Year 7)



## Snow Sports

Snow sports provides students with the opportunity to compete at a Regional Level in the NSW Northern & Qld Interschool Ski Championships. The Championships alternate each year between Thredbo and Perisher in the July School holidays.

The 2018 Competition will be held in Thredbo from Tuesday 10 July to Saturday 14 July 2018.

Students can compete in Skier X, Alpine Ski, Snowboard X, Snowboard GS, Moguls and Cross Country events over a

four-day event. They can enter as individual competitors. If St Paul's presents enough competitors, they will also be entered as a School team.

Teams and Individuals compete in their school divisions:

**Division 1** - Years 11 and 12

**Division 2** - Years 9 and 10

**Division 3** - Years 7 and 8

If the students finish in the top 10 individually or top five team places they are eligible to compete in the State Championships in late August.

As the competition timetable has the different age divisions competing at the same time on different courses all across Thredbo, parents are responsible for their son/daughter's entry and supervision in all the events they participate in throughout the Championships.

Parent Volunteers: If you would like to volunteer at the championships you will be entitled to a discounted lift ticket for that day.

All students who participate will need to make their own travel and accommodation arrangements from Sydney. Students will need to bring their own equipment in order to participate.

If you would like your child to register or would just like some more information, please contact Sally Bothwell on [sally@accountsbydesign.com.au](mailto:sally@accountsbydesign.com.au) or you can contact her on 0409 328 330



## BBSSSA Sport Link

Broken Bay Secondary Schools Sport Association link:

<https://www.brokenbaysport.org.au/secondary>

**Mr Anthony Noyes**  
**Leader of Sport**

## P&F NEWS

### Years 7, 8 and 9 Dance – Friday 15th June

Great News: the Years 7, 8 and 9 Dance is back! It will be held from 7:00pm to 10:00pm in The Waterford Hall at the College.

The Dance is for all St Paul's boys in Years 7, 8 and 9 and girls in Years 7, 8 and 9 from any school. Dance tickets are \$10.00 each and are on sale now from the College Front Office during Recess and Lunch. The preferred method of is with **Qkr** or cash at the office. Tickets will also be available from the school finance office at Stella Maris College, Manly.

Parents in Years 7 are asked to assist with the Dance on the night. If you are available to volunteer and help out on the night please email me at [michalberry@hotmail.com](mailto:michalberry@hotmail.com) to ensure the dance is a success.

### Entertainment Book

The sales of the Entertainment book are going very well and we are on our way to raising the funds needed to purchase the new and innovative furniture called 'Node Chairs' for the classrooms.



<https://www.entertainmentbook.com.au/orderbooks/2058e33>

Don't forget to share this link with your family, friends and neighbours.



### P&F Meeting

Our next meeting will be held on Monday on 18th June at 7:30pm in the College Boardroom, which is upstairs in the Cardinal's Palace. Everyone is very welcome!

**Mrs Michal Brenchley**

**P&F President**

**Mobile: 0433 086 026**

**Email: [michalberry@hotmail.com](mailto:michalberry@hotmail.com)**

### CANTEEN

As well as cash, the online Flexischools ordering and payment service is available:

To register, please follow the instructions available at the following Url

<http://www.flexischools.com.au/>

Cut off time for lunch orders via Flexischools is 9:30am EFTPOS is now available.

We welcome new ideas and initiatives and work hard to accommodate requests.

Special dietary requirements: gluten free, dairy free, halal, vegetarian and vegan can be catered for. We are a nut free canteen.

Our menu is based on the Smart Choices Strategy:

**Everyday  
Occasional**

<https://stpaulscatholiccollege.worldsecuresystems.com/LiteratureRetrieve.aspx?ID=237629>

Come to meet us at the Canteen, our food is great and we are very friendly!

**Tania and Teresa  
Yummy Bears Kiosk**

### UNIFORM ORDER FORM 2018 – PICKLES SCHOOLWEAR

Pickles Schoolwear 2018 uniform online ordering for St Paul's Catholic College, Manly.

Click on the links below to view items and pricing:

<https://stpaulscatholiccollege.worldsecuresystems.com/LiteratureRetrieve.aspx?ID=234444>

<https://stpaulscatholiccollege.worldsecuresystems.com/LiteratureRetrieve.aspx?ID=234445>

### FOLLOW US ON SOCIAL MEDIA

Are you following us on social media? Important communication will continue to be emailed, posted and placed in the newsletter but social media is another way to keep up to date with the happenings here at St Paul's.

**FACEBOOK:** @stpaulscatholiccollegemanly

**INSTAGRAM:** spcc\_manly

**TWITTER:** @stpaulsmanly

If you have concerns about your son appearing on social media, please alert the College immediately.



## **BROKEN BAY NEWS**

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<https://www.dbb.org.au/news/dsp-resource.cfm?loadref=339>

## **PLEASE BOOKMARK THESE LINKS FOR FUTURE REFERENCE**

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**College Website:** [www.stpaulsmanly.nsw.edu.au](http://www.stpaulsmanly.nsw.edu.au)

**Newsletter Password:** stpaulsnews

**Enrolments email:** [enrolments@dbb.catholic.edu.au](mailto:enrolments@dbb.catholic.edu.au)

<https://stpaulsdbb.edumate.net.au/dbb/web/app.php/login/>

Parents are required to keep the College up-to-date with contact details and relevant medical information for your son(s). This updated information is to be submitted through Edumate. Access to the Edumate site is through a secure password. Please contact College Front Office 9977 5111 if you have not yet registered for Edumate access.

Student achievements email: [stpauls@dbb.catholic.edu.au](mailto:stpauls@dbb.catholic.edu.au)

<https://www.picklesschoolwear.com/school/st-pauls-catholic-college>